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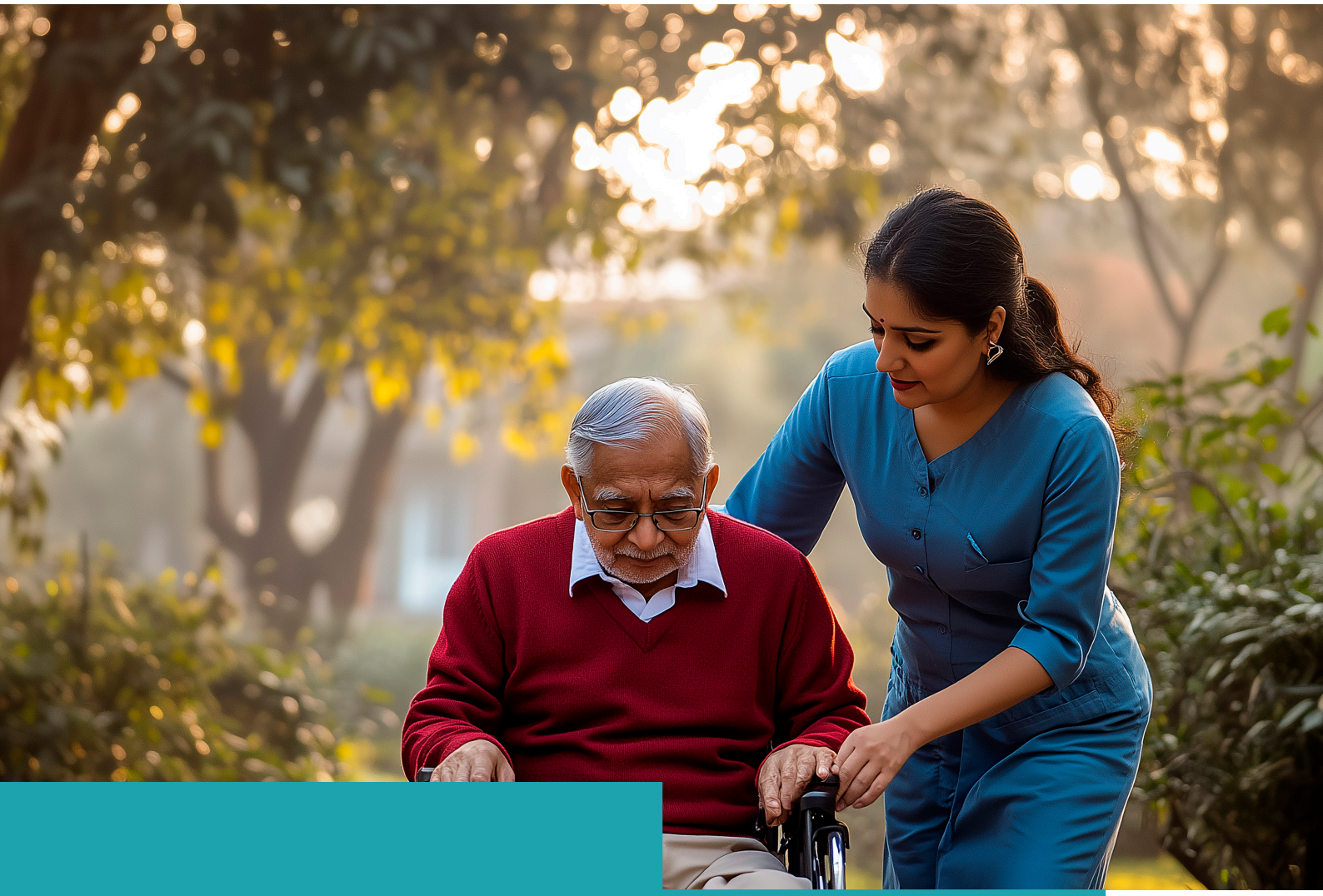

QAI Level 3 Diploma in Eldercare (Non-Clinical)

Get job-ready for quality elder care

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Build a Rewarding Career in Home-Based Elder Care

Demand for trained domestic eldercare workers is rising in India as more families seek safe, respectful support for older relatives at home. Globally, countries are expanding long-term care services and require skilled care workers.

By 2031, India's population aged 60 and above is projected to reach 194 million, or about 13% of the total population. This demographic shift offers significant opportunities for meaningful careers in non-clinical, home-based elder support, such as daily living assistance, hygiene and safety routines, respectful communication, and professional conduct.

The QAI Level 3 Diploma in Eldercare (Non-Clinical) is a practical, outcomes-focused programme aligned with India's NSQF and benchmarked to RQF Level 3. It develops competence, confidence, and employability through hands-on learning and structured on-the-job training.

Career Opportunities and Indicative Salaries

Graduates may pursue roles such as Elder Care Assistant, Domestic Elder Care Worker, Senior Companion, Home Care Assistant, and Personal Care Assistant (Non-Clinical). Indicative salaries in India range from ₹15,000 to ₹35,000 per month.





Programme Description

The QAI Level 3 Diploma in Eldercare (Non-Clinical) offers a clear, job-focused pathway to build competence in home-based elder support. The programme addresses the practical realities of domestic care. It develops the skills and behaviours expected by families and employers, including safe daily routines, maintaining a clean and safe home, respectful communication, and professional service standards. The diploma is mapped to national occupational standards and aligned to DWC/N0805, DWC/N0803, DWC/N0804, DWC/N9902, DWC/N9903, DGT/VSQ, and N0102, ensuring consistent delivery and skills-based assessment.

What You Will Learn:

- Sector and role understanding: the domestic eldercare sector, the non-clinical care worker role, professional expectations, and key boundaries and responsibilities.
- Daily living support and wellbeing: personal care with dignity, toileting support, safe mobility support, meals and feeding support, simple wellbeing activities, and reporting concerns.
- Safe, clean home care: cleaning routines, laundry and bed care, hazard reduction and fall prevention, safe use of aids/equipment, and basic emergency awareness.
- Communication and relationships: respectful communication, reducing isolation, handling difficult conversations, role boundaries, and clear updates to family/guardians.
- Professional conduct and safety: service standards, etiquette, timekeeping, privacy and inclusive practice, infection prevention, PPE basics, chemical safety, waste management, and first aid awareness (as required).
- Work readiness skills: employability skills, basic digital awareness, and foundation English for caregiving (CEFR A2).

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Course Highlights and Key Details:

- **Fit for purpose:** Designed for non-clinical domestic eldercare roles, covering essential knowledge, skills, and behaviours for safe, professional home-based care.
- **Structure:** Nine modules delivered at NSQF Level 3.5, benchmarked to RQF Level 3, and aligned with national occupational standards and recognised frameworks.
- **Duration and delivery:** 420 hours (42 credits) of learning and practice, including 130 hours of on-the-job training embedded across most modules.
- **Strong practical component:** Hands-on classroom practice, including demonstrations, simulations, and guided tasks, builds competence and confidence.
- **Work-readiness through on-the-job training:** Workplace-based learning allows learners to apply skills in real-world settings and build evidence for placement and employment.
- **English for caregiving:** Foundation English toward CEFR A2, covering listening, reading, basic speaking, telephone skills, and short written updates, with key vocabulary and grammar.
- **GETS Elder Care Test:** Learners complete this test, aligned with the Common European Framework of Reference for Languages (CEFR), to demonstrate practical English for domestic eldercare.
- **Employability and future readiness:** Essential workplace skills mapped to the Common International Framework of Reference (CIFR) for Future Readiness.
- **Entry requirements:** Age 18 or older with a school leaving certificate (or equivalent) and a strong interest in home-based elder care.



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Developed and Delivered by Experts

This diploma is developed by specialists from India and the UK with extensive experience in elder care, caregiving, skills training, assessment, and English language support. This ensures the programme teaches the practical knowledge and behaviours required for success in eldercare roles.

The course is delivered by trainers certified by QAI (UK). Centres use standardised learning materials and delivery guidance to ensure consistent, high-quality training and assessment support across locations.

Assessment and Certification

Learners are assessed using a balance of theory (written knowledge) and practical (hands-on performance). Where OJT applies, workplace evidence may be used as part of practical assessment. Learners must meet the assessment requirements for all modules to achieve the qualification.

The certificate is issued by Qualifications and Assessments International (QAI), UK, and will state: 'QAI Level 3 Diploma in Eldercare (Non-Clinical).'



About Zamit-QAI

Zamit, UK is a leading SkillTech company focused on helping students, teachers, and job seekers develop the skills needed for today's fast-changing world. Qualifications and Assessments International (QAI), also based in London, UK, is a global organisation that offers and certifies qualifications, training programmes, and assessments.

Together, Zamit and QAI provide a wide range of job-oriented vocational programmes, language training, teacher and trainer development, and 21st-century & employability skills courses. These are suitable for school and university students, teachers, trainers, and job seekers. Their programmes cover key sectors like healthcare, elder care, hospitality, tourism, retail, construction, technology, logistics and others.

Zamit-QAI are Approved Training Partners of India's National Skill Development Corporation (NSDC), which operates under the Ministry of Skill Development and Entrepreneurship. Their English language courses follow CEFR standards, and skills and teacher training align with the Common International Framework of Reference (CIFR). Vocational qualifications are mapped to both the UK's Regulated Qualifications Framework (RQF) and India's NSQF.

As a responsible organisation, Zamit-QAI supports future readiness through scholarships, research, and grants via The Future Foundation.

Guided by innovation and global standards, Zamit-QAI are preparing individuals in India and worldwide for success in education and employment.

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