Zamit and QAI are Approved Training Partners
with National Skills Development Corporation



QAI Level 3 Diploma in General Duty Assistance and Home-Based Patient Care

Get Job-Ready for Healthcare Roles in India and Abroad

+91. 9625 440 440

+91. 9625 440 440

connect@zamitqai.com

www.zamitqai.com

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Background

The healthcare and home-based care sector is growing quickly in India and many other countries. In India alone, the healthcare industry is expected to create over 1 crore new jobs by 2030, as per the NITI Aayog Health Report (2021), https://tinyurl.com/bdh78489. Many hospitals, clinics, and families need trained caregivers but struggle to find people with the right skills.

To work as a General Duty Assistant or Home Caregiver, you must know how to care for patients, help them with meals, hygiene, and movement, and support their daily needs. You also need to follow safety procedures and keep surroundings clean to prevent infections.

Clear English communication, polite and caring behaviour, and the ability to work well with nurses, doctors, and families are very important. Being punctual, calm in emergencies, and a good team member also matters.

People who have the right care skills, technical knowledge, and a kind, professional attitude are more likely to find jobs in hospitals, care homes, home-based care, and even overseas.

Learning these skills can help you get hired, grow in your career, and build a better future for yourself and your family.





Course Description

This course builds the knowledge and practical skills needed to work in hospitals, care homes, and home-based care settings. It is aligned with Qualification Pack (QP) HSS/Q5101 – General Duty Assistant, approved by the Healthcare Sector Skill Council (HSSC) under NSQF Level 4 in India. It is also mapped to Level 3 of the Regulated Qualifications Framework (RQF) in England, Wales, and Northern Ireland.

The course includes training in:

- Keeping patients clean, safe, and comfortable
- Helping with eating, movement, and mobility
- Following hygiene and safety procedures
- Speaking simple and clear English at work
- Behaving politely and working as part of a team
- Supporting nurses, doctors, and family members respectfully

This programme focuses on hands-on practice and prepares learners to work confidently in healthcare and patient care settings.

Career Opportunities

After completing this course, you will be ready to work in a range of healthcare roles in India and abroad.

In India, you can work as a:

- General Duty Assistant in hospitals, clinics, or home care
- Patient Care Assistant in nursing homes or elder care centres
- Home Health Aide for people who are sick or recovering
- Nursing or Medical Assistant
- Care Assistant in rehabilitation or palliative care settings

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Internationally, you may be eligible for roles such as:

- Health Care Assistant or Support Worker (UK, Canada, Australia, New Zealand)
- Personal Support Worker (Europe, Middle East)
- Home-based Caregiver (Germany, UAE, Singapore)
- Care Assistant in elderly care centres or homes



Course Highlights

This programme prepares learners for real jobs in hospitals, nursing homes, elder care centres, and home-based care. It builds practical, job-ready skills through hands-on training, workplace-based activities, and lessons aligned with current healthcare industry needs.

Key highlights of the course include:

- **Duration:** 540 hours (delivered over 21–22 weeks / 5–6 months), including:
  - Domain Knowledge for Healthcare Sector (100 hrs)
  - English for Healthcare (100 hrs), mapped to Level B1 of the Common European Framework of Reference for Languages (CEFR)
  - Professional & Employability Skills (80 hrs), mapped to Level B1 of the Common International Framework of Reference (CIFR) for Future Readiness
  - Practical Lab Work (160 hrs)
  - Supervised Internship (100 hrs)
- **Entry Requirement:** 12th Pass with English at CEFR Level A2; minimum age 18 years
- **Delivery Mode:** Full-time or Part-time
- **Theory & Practical:** Includes classroom sessions, masterclasses by national and international experts, lab-based training, and internship
- **National & International Standards:**
  - Based on NSDC Qualification Pack: HSS/Q5101 by Healthcare Sector Skill Council (HSSC)
  - Mapped to Level 4 of the National Skills Qualifications Framework (NSQF), India
  - Aligned with Level 3 of the Regulated Qualifications Framework (RQF) – England, Wales & Northern Ireland, certified by Qualifications and Assessments International (QAI), UK
  - English component mapped to Level B1 of the Common European Framework of Reference for Languages (CEFR)
  - Soft Skills component aligned to Level B1 of the Common International Framework of Reference for Future Readiness (CIFR)
- **Healthcare Simulation Lab:** Hands-on training in a simulated hospital and home-care setup to develop real-world skills and workplace readiness.



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Made and Taught by Experts

The QAI Level 3 Diploma in General Duty Assistance and Home-based Patient Care is developed by a team of experts from India and the UK, with extensive experience in the healthcare sector. This ensures that the course delivers practical knowledge and essential skills needed to start and grow a successful career in healthcare.

The course is delivered by trainers certified by QAI, UK. They follow standardised, internationally aligned training materials, ensuring high-quality learning across all centres.

Assessment and Certification

The performance and participation of learners is assessed and marked using both Indian and UK standards and the certificate is issued by Qualifications and Assessments International (QAI) UK.

The certificate of achievement will be awarded as follows:

- Distinction: 75% and above
- Merit: 60% to 74%
- Pass: 41% to 59%
- Fail: Below 40%



About Zamit-QAI

Zamit, UK is a leading SkillTech company focused on helping students, teachers, and job seekers develop the skills needed for today's fast-changing world. Qualifications and Assessments International (QAI), also based in London, UK, is a global organisation that offers and certifies qualifications, training programmes, and assessments.

Together, Zamit and QAI provide a wide range of job-oriented vocational programmes, language training, teacher and trainer development, and 21st-century & employability skills courses. These are suitable for school and university students, teachers, trainers, and job seekers. Their programmes cover key sectors like healthcare, elder care, hospitality, tourism, retail, construction, technology, logistics and others.

Zamit-QAI are Approved Training Partners of India's National Skill Development Corporation (NSDC), which operates under the Ministry of Skill Development and Entrepreneurship. Their English language courses follow CEFR standards, and skills and teacher training align with the Common International Framework of Reference (CIFR). Vocational qualifications are mapped to both the UK's Regulated Qualifications Framework (RQF) and India's NSQF.

As a responsible organisation, Zamit-QAI supports future readiness through scholarships, research, and grants via The Future Foundation.
Guided by innovation and global standards, Zamit-QAI are preparing individuals in India and worldwide for success in education and employment.

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